

# Rocket 95

Choreographer: Dennis & Elaine Smith, Hillsboro OR, (503) 640-1941  
email: dennis@classicrounddance.com  
Music: "Rocket 95", track 2 on Alien Fashion Show CD, Surfdog Inc. or track 9 on  
The New Swing Collection *Jump Up & Boogie* CD, Elektra Entertainment Group  
Footwork: Opposite; Woman's special instruction in parentheses  
Level/Rhythm: ROUNDALAB Phase IV + 2 (Whip Throwaway, Stop and Go) Jive  
Sequence: Introduction A B<sub>mod</sub> Interlude-1 A B B C D Interlude-1 Interlude-2 B B<sub>1-5</sub> Ending

## Introduction

### 1-4 (BFLY-wall) Wait;; Jive Chasses; Progressive Rocks;

wait in BFLY fcg wall;; {Jive Chasses} sd L/cl R, sd L, sd R/cl L, sd R; {Progressive Rocks} rk apt L, XRif, rk apt L, XRif;

### 5-8 Side, Touch, Chasse; Pretzel Turn;;;

sd L, tch R, {Chasse} sd R/cl L, sd R to CP-wall; {Pretzel Turn} rk bk L, rec R, sd L/cl R, trng 1/2 RF (trng 1/2 LF) L keeping ld hnds jnd; sd R/cl L, trng 1/4 RF (trng 1/4 LF) R, rk fwd L, rec R; sd L/cl R, trng LF (trng RF) L to fc ptr, sd R/cl L, sd R;

## Part A

### 1-4 Jive Walks;,, Swivel Walk 4;,, Throwaway;,, Rock, Recover;

{Jive Walks} rk apt L, rec R to SCP, fwd L/fwd R, fwd L; fwd R/fwd L, fwd R, {Swivel Walks} fwd L, fwd R; fwd L, fwd R, {Throwaway} sd L/cl R, sd L (fwd trn LF R/cl L, sd R); sd R/cl L, sd R (sd & bk L/cl R, sd L), rk apt L, rec R;

### 5-8 Chicken Walks (2 Slows); (4 Quicks); Change Left to Right;,, Kick/Ball, Change;

{Chicken Walks} bk L (swvl fwd R), -, bk R (swvl fwd L), -; bk L (swvl fwd R), bk R (swvl fwd L), bk L (swvl fwd R), bk R (swvl fwd L); {Change Left to Right} rk apt L, rec R, sd L/cl R, sd L trng 1/4 RF ldg W undr ld hnds (rk apt R, rec L, fwd R/cl L, fwd trn LF R undr ld hnds); sd R/cl L, sd R (sd L/cl R, sd & trn L to fc ptr) to fc ptr & wall jng ld hnds, {Kick/Ball, Change} kck fwd L/stp on ball of L, replace wgt on R;

## Part B<sub>mod</sub>

### 1-5 Lindy Catch;; American Spin;,, Change Hands Behind the Back;;

{Lindy Catch} rk apt L, rec R, fwd L/fwd R, fwd L mvg RF arnd W catch W at waist w/R hnd relg L hnd (rk apt R, rec L, fwd R/fwd L, fwd R); fwd R, fwd L cont arnd W, fwd R/fwd L, fwd R to fc ptr & wall jng ld hnds (bk L, bk R, bk L/bk R, bk L); {American Spin} rk apt L, rec R, sd L/cl R, sd L (rk apt R, rec L, sd R/cl L, spn full trn RF on R);sd R/cl L, sd R (sd L/cl R, sd L), {Change Hands Behind the Back} rk apt L, rec R (rk apt R, rec L); chg W's R hnd to M's R hnd fwd L/cl R, fwd L trng 1/4 LF (fwd R/cl L, fwd R trng 1/4 RF), chg W's R hnd to M's L hnd beh M's bk sd & bk R/cl L, sd R trng 1/4 LF to fc ptr & COH in BFLY (sd L/cl R, sd & bk L trng 1/4 RF to fc ptr);

### 6-8 Spanish Arms;,, Rock, Recover (to SCP); Rock the Boats;

{Spanish Arms} rk apt L, rec R trng RF raising ld hnds (trng 1/4 LF undr ld hnds), sd L/cl R, sd & trn RF L (sd R/cl L, sd & trn 3/4 RF R) to BFLY-wall; sd R/cl L, sd R, rk apt L, rec R to SCP; {Rock the Boats} fwd L w/straight knee leaning fwd, cl R w/rkg motion & relaxed knees leaning bk, fwd L w/straight knee leaning fwd, cl R w/rkg motion & relaxed knees leaning bk;

## Interlude-1

### 1-4 Side, Touch, Chasse; Pretzel Turn;;;

sd L, tch R, {Chasse} sd R/cl L, sd R to CP-wall; {Pretzel Turn} rk bk L, rec R, sd L/cl R, trng 1/2 RF (trng 1/2 LF) L keeping ld hnds jnd; sd R/cl L, trng 1/4 RF (trng 1/4 LF) R, rk fwd L, rec R; sd L/cl R, trng LF (trng RF) L to fc ptr, sd R/cl L, sd R;

## Part B

### 1-5 Lindy Catch;; American Spin;,, Change Hands Behind the Back;;

{Lindy Catch} rk apt L, rec R, fwd L/fwd R, fwd L mvg RF arnd W catch W at waist w/R hnd relg L hnd (rk apt R, rec L, fwd R/fwd L, fwd R); fwd R, fwd L cont arnd W, fwd R/fwd L, fwd R to fc ptr & wall jng ld hnds (bk L, bk R, bk L/bk R, bk L); {American Spin} rk apt L, rec R, sd L/cl R, sd L (rk apt R, rec L, sd

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R/cl L, spn full trn RF on R);sd R/cl L, sd R (sd L/cl R, sd L), {Change Hands Behind the Back} rk apt L, rec R (rk apt R, rec L); chg W's R hnd to M's R hnd fwd L/cl R, fwd L trng 1/4 LF (fwd R/cl L, fwd R trng 1/4 RF), chg W's R hnd to M's L hnd beh M's bk sd & bk R/cl L, sd R trng 1/4 LF to fc ptr & COH in BFLY (sd L/cl R, sd & bk L trng 1/4 RF to fc ptr);

## **6-8 Spanish Arms;,, Shoulder Shove;:**

{Spanish Arms} rk apt L, rec R trng RF raising ld hnds (trng 1/4 LF undr ld hnds), sd L/cl R, sd & trn RF L (sd R/cl L, sd & trn 3/4 RF R) to BFLY-wall; sd R/cl L, sd R, {Shoulder Shove} rk apt L, rec trng RF (trng LF) R; sd L/cl R, sd L bring M's L shldr & W's R shldr tog trng LF (trng RF) to fc ptr, bk R/cl L, bk R;

## **Part C**

### **1-4 Rock, Recover, Swivel Walk 2; Point Steps;: Kick, Step, Kick, Step;:**

rk apt L, rec R to SCP, {Swivel Walks} fwd L, fwd R; {Point Steps} pt fwd L, stp L, pt fwd R, stp R; pt fwd L, stp L, pt fwd R, stp R; kck fwd L, sip L, kck fwd R, sip R trng to CP-wall;

### **5-8 (face) Kick, Step, Kick, Step; Change Right to Left;,, Change Left to Right;:**

kck sd & fwd L (kck fwd R), sip L, kck fwd R (kck sd & fwd L), sip R; {Change Right to Left} rk bk L, rec R, sd L/cl R, sd L trng 1/4 LF Idg W undr ld hnds (sd R/cl L, fwd & trn 3/4 RF R undr ld hnds); sd & fwd R/cl L, sd R (sd & bk L/cl R, sd L), {Change Left to Right} rk apt L, rec R; sd L/cl R, sd L trng 1/4 RF Idg W undr ld hnds (rk apt R, rec L, fwd R/cl L, fwd trn 3/4 LF R undr ld hnds), sd R/cl L, sd R (sd L/cl R, sd & trn L to fc ptr) to fc ptr & wall jng ld hnds;

## **Part D**

### **1-4 Windmills;,,, Progressive Rocks;:**

{Windmill} rk apt L, rec R (rk apt R, rec L trng 1/4 LF), fwd L/cl R, fwd L trng 1/4 LF (sd R/cl L, sd R trng 1/4 LF); sd R/cl L, sd R trng 1/4 LF (sd L/cl R, sd L), {Windmill} rk apt L, rec R (rk apt R, rec L trng 1/4 LF); fwd L/cl R, fwd L trng 1/4 LF (sd R/cl L, sd R trng 1/4 LF), sd R/cl L, sd R trng 1/4 LF (sd L/cl R, sd L); {Progressive Rocks} rk apt L, XRif, rk apt L, XRif;

### **5-8 Windmills;,,, Progressive Rocks;:**

{Windmill} rk apt L, rec R (rk apt R, rec L trng 1/4 LF), fwd L/cl R, fwd L trng 1/4 LF (sd R/cl L, sd R trng 1/4 LF); sd R/cl L, sd R trng 1/4 LF (sd L/cl R, sd L), {Windmill} rk apt L, rec R (rk apt R, rec L trng 1/4 LF); fwd L/cl R, fwd L trng 1/4 LF (sd R/cl L, sd R trng 1/4 LF), sd R/cl L, sd R trng 1/4 LF (sd L/cl R, sd L); {Progressive Rocks} rk apt L, XRif, rk apt L, XRif;

## **Interlude-2**

### **1-4 Link; Whip Throwaway; Stop and Go;:**

{Link} rk bk L, rec R, fwd L/cl R, fwd L to CP; {Whip Throwaway} XRib & trng RF, sd L cont trng RF, sd R/cl L, sd R (fwd L twd M's R sd trng RF, fwd R between M's ft cont trng RF, sd & bk L/cl R, sd & bk L); {Stop and Go} rk apt L, rec R, fwd L/cl R, fwd L catching W w/R hnd on W's shldr blade (rk apt R, rec L, sip R/sip L, sip R trng 1/2 LF undr ld hnds to M's R sd); rk fwd R, rec L, bk R/cl L, bk R (rk bk L, rec R, sip L/sip R, sip L trng 1/2 RF undr ld hnds to fc ptr);

## **Ending**

### **1-3 Spanish Arms;,, Miami Special;:**

{Spanish Arms} rk apt L, rec R trng RF raising ld hnds (trng 1/4 LF undr ld hnds), sd L/cl R, sd & trn RF L (sd R/cl L, sd & trn 3/4 RF R) to BFLY-wall; sd R/cl L, sd R, {Miami Special} jng R hnds rk apt L, rec R; fwd L/cl R, fwd trn RF 3/4 R Idg W to trn LF undr jnd R hnds putting jnd hnds over M's head beh M's neck (fwd R/cl R, fwd trn LF 3/4 L undr R hnds), rel R hnds sd R/cl L, sd R to LOP (rel R hnds & sld dwn M's L arm sd L/cl R, sd L) slowing w/music;